

WVCPS
301 Scott Avenue
Morgantown, WV 26508



Summer Conference
“The Next Step in Suicide
Prevention: Resiliency, Hope, and
Strength”

May 12 ó 13, 2010

Charleston Civic Center

Charleston, WV



Conference Agenda

Wed. May 12, 2010

7:30am - 8:10am	Registration and Refreshments
8:15am - 8:45am	Welcome and Introductions
8:45am - 9:00am	Opening Remarks - Gov. Joe Manchin III (Invited)
9:00am - 9:45am	Keynote Speaker - Clark Flatt, President/CEO of The Jason Foundation
9:45am - 10:00am	Break
10:00am - 11:45am	Concurrent Workshops A-G
12:00pm - 1:25pm	Lunch on your own
1:30pm - 2:45pm	Barbara Rubel "But I Didn't Say Goodbye: The Impact of Police Suicide"
2:45pm - 3:00pm	Break
3:00pm - 4:15pm	Barbara Rubel Cont.
4:15pm - 4:30pm	Collect Evaluations.

Thurs. May 13, 2010

7:45am - 8:15am	Registration and Refreshments
8:15am - 8:45am	Welcome
8:45am - 10:15am	Dr. Patrick Kerr/Dr. Veena Bhanot "Integrating Pharmacotherapy and Psychotherapy: A Collaborative Interdisciplinary Approach to Treating Depression and Suicidality"
10:15am - 10:30am	Break
10:30am - 11:45am	Dr. Kerr/Dr. Bhanot Cont.
11:45am - 12:00pm	Closing Remarks

Concurrent Workshops (D-G)

D: Depression and Suicide in the Workplace: Patty Deutsch, MA, LPC
Patty Deutsch has a Masters Degree in Counseling from Marshall University. She is a Licensed Professional Counselor in both WV and NC. She is a Certified Wellness Speaker. Depression at Work is targeted to all who want to better understand depression and the impact that it has on employers and the employee base. Successful treatment of Depression reduces death rates due to suicide, encourages the return of a valuable employee to the worksite and saves the employer training dollars to train replacement employees.

E: Alcohol, Suicide and Older Adults: Sara Jane Gainor, MBA
Substance abuse, particularly of alcohol and prescription drugs, among adults 60 and older is one of the fastest growing health problems facing the country, yet, even as the number of older adults suffering from these disorders climbs, the situation remains underestimated, underidentified, underdiagnosed, and undertreated. In addition, more than two million Americans age 65 and older suffer from some form of depression. The co-existence of these illnesses can be deadly for the older adult. This presentation will explore alcoholism and comorbid depression, the knowledge, skills and attitudes necessary for identifying, screening, assessing and treating older patients, and the risk of suicide for this population.

F: Prevention of Suicide Among Older Adults: Dr. Amy Fiske, Ph.D.
Amy Fiske, Ph.D., is a Licensed Psychologist and an Assistant Professor of Psychology at West Virginia University. Adults over the age of 65 are at the greatest risk of death by suicide of any age group. Identifying and intervening with suicidal older adults can be particularly challenging. Risk factors, protective factors, and even the likelihood of endorsing suicidal thinking differ by age. This presentation will provide an update of the empirical literature on risk and protective factors for suicide among older adults. Geriatric-specific measures of suicidal ideation, suicide risk and reasons for living will be reviewed. Work in progress on the detection of depression among men will also be highlighted. Finally, ideas for detecting and intervening with suicidal older adults in primary care and long term care settings will be discussed.

G: Bullying Hurts Everyone: Tonya Huff
Tonya Huff is the Bully Awareness and Prevention VISTA with Step By Step since November 2007. She has been on national TV discussing the issue of bullying in the schools. She is a mother to five school age children. Tonya's oldest child was bullied for three years, so she knows the pain and suffering bullying causes on a target and their family. "Bullying Hurts Everyone" is a workshop that will explore the realities of bullying and how it hurts the whole community. Parents, students, educators and community partners will review national data on the depth of bullying. The workshop will also introduce examples of intervention including school and community assessment tools, and an introduction to programs to teach non-violent conflict resolution, to create safe paths for bystanders to report bullying, and support systems for both targets and perpetrators of bullying.

Concurrent Workshops (A-C)

A: Police Suicide: Joel Smith, MSW, LICSW

Joes is a retired Lieutenant of the Morgantown Police Department. He is also an adjunct instructor at the WV State Police Academy. Currently, Joes is a counselor at the Morgantown Vet Center where he works with combat veterans diagnosed with PTSD. During the course of this presentation we will examine the cumulative stress factors experienced by law enforcement offices. An in-depth explanations of the day to day stressors within this populations and how these stressors lead to a variety of mental health issues to include completed suicide.

B: Suicide Prevention Among Veterans: Tammy Miller, MSW, LCSW Cheryl Walters, MSW, LICSW

Tammy Miller received her BSW from Concord University in 1991 and her MSW from the West Virginia University School of Social work in 1994. She is currently working as a Suicide Prevention Coordinator at the Department of Veterans Affairs in Huntington West Virginia where her work focuses on prevention efforts to increase awareness about suicide and reduce the number of suicides among our veterans. Cheryl Walters received her BA in Social Science from Bluefield State College in 1976 and her MSW from the West Virginia University School of Social Work in 1995. She is currently working as a Suicide Prevention Coordinator at the Department of Veterans Affairs in Beckley, West Virginia working with veterans at increased risk for suicide. She works to increase awareness about suicide and reduce the number of suicides among our veterans. Veterans are at high risk for suicide. Early identification and intervention is key to improving overall care among our veterans, as well as decreasing the rate of suicide. An essential part of early identification is the Suicide Risk Assessment. This workshop will discuss the core components of the Suicide Risk Assessment, along with, specialized interventions for high risk veterans to include the Suicide Safety plan. Development of Safety Plan will be discussed in detail utilizing the VA Safety Plan tool. An overview of Suicide Prevention efforts in the VA will also be discussed.

C: Adolescents and Suicide: Barri Faucett, MA

Barri Faucett, MA received her Master of Arts degree in Clinical Psychology from Marshall University in 2003. Currently serving as the Project Director of the Adolescent Suicide Prevention and Early Intervention (ASPEN) program, Mrs. Faucett oversees and implements directives of West Virginia's Garrett Lee Smith Memorial Grant designed to address adolescent suicide prevention and early intervention. Adolescent suicide is an issue of public health and concern. It is a complex, multidimensional event warranting comprehensive, integrative, multidiscipline prevention and intervention efforts. Specific to West Virginia, suicide is the second leading cause of death in our youth. Adolescents with heightened risk factors associated with suicide are frequently present in both medical and mental health child-serving systems of care. Increased awareness, recognition, and means of managing and assessing risk not only provides for enhanced suicide and prevention efforts, but also for decreased liability and risk in serving adolescents.

Featured Presenters

Clark Flatt, President/CEO of The Jason Foundation

Clark Flatt, President/CEO of The Jason Foundation, Inc. (JFI), earned a BS in Business from Tennessee Technological University in Cookeville, Tennessee and a Master of Divinity in Education/Counseling from Vanderbilt University in Nashville, Tennessee. The Jason Foundation, Inc. (JFI) was founded in October of 1997 after the tragic death of Clark's youngest son, Jason, to the "Silent Epidemic" of youth suicide. Since its founding, JFI has grown to be one of the nation's leading non-profits addressing the national health problem of youth suicide. In 2009, the JFI National Network provided direct services to over 1.3 million individuals and over 2 million EAP clients. JFI's corporate office is located in Hendersonville, TN. Visit our website to learn more about The Jason Foundation, our Partners and programs: www.jasonfoundation.com

Barbara Rubel, Director of Griefwork Center, Inc.

Barbara Rubel is a nationally recognized leader in the field of sudden loss and compassion fatigue. Barbara is the author of the best-selling book, *But I Didn't Say Goodbye: Helping children and families after a suicide* (2nd Ed). She wrote the 30 hour continuing education course book for Nurses, *Death, Dying, and Bereavement: Providing compassion during a time of need*, sold through Western Schools. Barbara is the co-author of the Dept. of Justice, Office for Victims of Crime Training Curriculum, *Compassion Fatigue*. Currently, she's a consultant with the Department of Justice. As a bereavement specialist with www.sharegrief.com, Barbara supports the bereaved internationally. Barbara received a BS in Psychology and MA in Community Health with a concentration in thanatology from Brooklyn College. She's a Board Certified Expert in Traumatic Stress, Diplomat, American Academy of Experts in Traumatic Stress, Certified Bereavement Specialist and Certified Pastoral Bereavement Counselor.

Patrick L. Kerr, Ph.D.

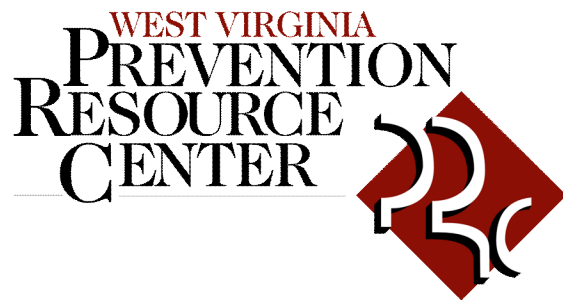
Patrick L. Kerr, Ph.D. is an Assistant Professor and psychologist in the Department of Behavioral Medicine and Psychiatry at West Virginia University School of Medicine-Charleston Division, where he also completed his internship training. He currently conducts individual outpatient psychotherapy with adults and adolescents, and group psychotherapy on Charleston Area Medical Center's inpatient psychiatric unit. Patrick Kerr's research interests include non-suicidal self-injury, suicidality, emotional regulation, health-risk behaviors, psychophysiological components of severe mental illnesses, and the treatment of mood and anxiety disorders.

Veena Bhanot, M.D

Patrick Kerr's research interests include non-suicidal self-injury, suicidality, emotional regulation, health-risk behaviors, psychophysiological components of severe mental illnesses, and the treatment of mood and anxiety disorders. Dr. Bhanot's clinical and research interests include mood and anxiety disorders, psychopharmacology of mood disorders, psychiatric disorders in women, and issues in psychiatry resident training. She has authored several articles pertaining to psychopharmacological interventions.

Continuation Education Units

CEUs have been applied for the conference from the WV Prevention Resource Center for Social Workers, School Counselors, Nurses, Licensed Professional Counselors, Certified Addiction Counselors, Law Enforcement, Psychology, and Domestic Violence. For more information, please contact Patrick Tenney at ptenney@valleyhealthcare.org or 304-296-1731 ext 4197.



Refund/Cancellation Policy:

All requests for refunds/cancellations must be made in writing and mailed or faxed to:

Mr. Patrick Tenney
Suicide Prevention Coordinator
301 Scott Ave
Morgantown, WV 26508-8804

Fax: 304-225-2288

Cancellations will be refunded in full prior to May 5, 2010. After May 5th, cancellations will be refunded only if there is an extenuating circumstance and this will be decided on a case by case basis. If you have questions on cancellations, please contact Mr. Patrick Tenney at 304-296-1731 ext 4197.

An administrative fee of \$10.00 will apply to all refunds. Substitutions will be accepted in place of original participant, but must complete a registration form and provide name of person that is canceling.

Conference Information

Hotel Accommodations:

We have blocked a number of rooms at the Holiday Inn Express (304-345-0600) 100 Civic Center Drive, Charleston, West Virginia, 25301. When calling this number use code "Suicide Conference" to receive the special rate of \$75.00 per night for single or double occupancy. Make your reservations soon due to a limited number of rooms at the conference special rate. Last day to reserve rooms at conference price is April 28, 2010. The Holiday Inn Express is located right next to the Charleston Civic Center (500 ft).

Other accommodations close to the Civic Center:

Embassy Suites
300 Court St
Charleston, WV 25301
304-347-8700

Hampton Inn
1 Virginia St W
Charleston, WV 25302
304-343-9300

Charleston House
Holiday Inn
600 Kanawha Blvd E
Charleston, WV 25301
304-344-4092

Charleston Marriott Town
Center
200 Lee St E
Charleston, WV 25301
304-345-6500

Registration:

A fee of \$40.00 for the entire conference will include your two-day attendance and all of the conference materials. This year you will be receiving a disc that will have all of the workshops and the two three hour presentations. VISA/MasterCard, check, money order, or purchase order will be accepted. Please make all payment methods payable to Valley HealthCare System, Attention: Ms. Lora Humphrey, 301 Scott Ave, Morgantown, WV 26508-8804.

All late fee registration & walk-in registrations will require an additional \$10.00 fee.

Please detach and seal completed registration form and mail to the return address (301 Scott Ave Morgantown, WV 26508-8804) with payment.

First
Class
Stamp

Lora Humphrey
WV Council for the Prevention of Suicide
301 Scott Avenue
Morgantown, WV 26508

Fold and Return

Summer Conference

May 12-13, 2010
Charleston Civic Center
Charleston, WV

REGISTRATION FORM

PLEASE COMPLETE & RETURN THIS ENTIRE FORM TO:

Lora Humphrey
WV Council for the Prevention of
Suicide
301 Scott Ave
Morgantown, WV 26508
Phone: 304-296-1731 ext 4269
Fax: 304-225-2288
lhowdermilk@valleyhealthcare.org

LATE FEE:

Registration postmarked after May 5, 2010
will be charged \$10 late fee.

Late Fee \$40.00 _____
 \$50.00 _____

WE ACCEPT:

_____ Check _____ Money Order

_____ Agency Purchase Order

Make payable to **Valley Health Care System**

CHARGE MY:

_____ VISA _____ MasterCard

Name on Card _____

Signature _____

Card # _____

Expiration Date _____

NOTE: Please **PRINT** your name and credentials
as you wish them to appear on your nametag and
certificate.

Name & Credentials _____

Title _____

Company/Agency _____

Address _____

City _____ State/Zip _____

Daytime Phone _____

Fax _____

Email _____

SPECIAL CONSIDERATIONS:

Must be requested by April 23, 2010

Diet, disability/accessibility needs, etc.
(Please be specific):

EMERGENCY CONTACT:

Name _____

Daytime Phone _____

Evening Phone _____

WORKSHOP SELECTIONS:

Workshop selections (A-G)

_____ 1st _____ 2nd _____ 3rd _____ 4th _____ 5th

_____ 6th _____ 7th