



Individuals Now Seeking Participation In Recovery Education

Program Summary:

INSPIRE was initiated to address the needs of adolescents 11-18 years of age who are at risk of being removed from the home due to substance abuse, legal charges, or CPS involvement. This intensive program is structured in quarterly phases and designed to work systemically with all key persons in the client's care group (family, community, educational setting, legal system, etc). Following assessment of client's support base, staff will link and provide transportation to each child with appropriate services and will schedule quarterly team meetings to review client's progress and goals. INSPIRE staff will work with each child on an individual needs basis to provide advocacy in court and school to ensure that clients are receiving appropriate considerations. While enrolled in the program, the child will have the opportunity to participate in group and pro-social activities with INSPIRE staff and community youth to promote coping and social skills.

Program Outcome Objectives:

1. INSPIRE will obtain referrals and maintain 20 clients in the Putnam County area.
2. Clients will have negative drug screens by the end of the first phase of treatment (90 days).
3. Clients will remain in the custody of their parents during enrollment in the program.
4. Clients will not have new legal charges while enrolled in the program.
5. Clients will remain in school without incidents of expulsion, truancy, or withdrawal.
6. Parents will be contacted and families will be offered referral to family therapy if necessary.
7. Clients will report that they are drug free during INSPIRE 6 month post-discharge follow-up.
8. Clients will report that they are living at home 6 months during INSPIRE 6 month post-discharge follow-up.

Summary of INSPIRE Support Provided:

Each child enrolled in Pretera INSPIRE will receive therapeutic support from both a Case Manager and a Mentor. Below is a brief explanation of the role each staff member will play with the targeted client:

Case Manager

Case manager is responsible for developing and implementing individualized treatment plans targeting the client's referral concerns.

- Assesses client's needs and presents appropriate service recommendations to client, family, and treatment team.
- Schedules treatment planning and progress review meetings with key persons at intake, 3 months, 6 months, 9 months, and 12 months.
- Develops treatment plan with interventions targeting referral issues and desired outcomes agreed upon by client and treatment team.
- Implements measurable interventions within a previously agreed upon time frame.
- Targeted Case Management (TCM): Based on need assessment results the case manager works with the client and family to identify and connect client with pertinent service providers to facilitate client's recovery generalization and aftercare appointment maintenance.
- Supportive Counseling: Based on need assessment results and referral issues the case manager works with the client to address each need area. During supportive counseling the client will develop and apply alternate coping skills to target triggers for behavior. Client will work with case manager to improve skills locating and utilizing community resources and supports. Client will have the opportunity to engage in pro-social community activities in both individual and group settings.
- Acts as a liaison between client, family and service providers to ensure that client and family are able to align with professional care providers about treatment issues and medical care.
- Collaborates with all systems of care: Legal, Educational, Medical, Psychiatric, etc. to ensure treatment alignment and generalization across all key persons in client's recovery.
- Transports when necessary to and from support appointments and group activities.
- Evidences client's treatment progress through tracking drug screen results. Case manager will administer regular drug screening and chart results weekly.
- Follows up with clients six months post discharge to facilitate generalization of positive outcomes.

Mentor

Mentor is responsible for demonstrating appropriate supportive role-modeling and coordinating with the case manager to implement individualized treatment plans.

- Participate in team meetings, review of progress, and treatment planning with key persons at intake, 3 months, 6 months, 9 months, and 12 months.
- Implement measurable interventions from the treatment plan within a previously agreed upon time frame.
- Link youth with recreation resources within the community to promote healthy pro-social activity involvement.
- Link youth with supportive groups to promote recovery generalization during and post-discharge. (NA, AA, etc)
- Provide educational support through academic progress follow-up and one-on-one tutoring.
- Transports when necessary to and from support appointments and group activities.
- Collaborates with all systems of care: Legal, Educational, Medical, Psychiatric, etc. to ensure treatment alignment and generalization across all key persons in client's recovery.
- Supportive Counseling: Based on need assessment results and referral issues the mentor works with the client to address each need area. During supportive counseling the client will develop and apply alternate coping skills to target triggers for behavior. Client will work with mentor to improve skills locating and utilizing community resources and supports. Client will have the opportunity to engage in pro-social community activities in both individual and group settings.
- Assists youth in developing recovery maintenance plan and upcoming appointment/activity tracking skills as a client nears discharge.
- Assists youth in developing community, service, and support resource catalog to utilize post discharge.

FAQS:

How is a referral made?

Referrals can be made by the potential client, parent, school, legal representative, or other service provider. See WHO DO I CONTACT for more information.

How long does it take for the child to be assessed after I complete and submit a referral?

INSPIRE strives to schedule assessments as immediately as possible and align the child with an intake appointment within 72 hours.

How often will the child meet with INSPIRE staff?

Client weekly/ monthly sessions will vary according to the client's individual need intensity. Treatment is structured in phases to provide opportunity for clients to receive higher intensity contact with staff during the first several months of treatment. Once a client begins to make progress and establish community supports, session frequency will decrease according to client's need intensity. Clients will be seen a minimum of one time per month.

What age group does the program serve?

INSPIRE services children between the ages of 11 and 18.

What are examples of interventions utilized for substance abuse clients?

Client's referral needs will be assessed quarterly to determine interventions attempted during treatment. INSPIRE interventions are designed to promote the client as a person with specific needs and goals that are relevant to the client's personal situation. All interventions are developed on an individualized need basis per each client. Each client presents with a variety of treatment concerns; below is a brief list of general interventions that may be attempted specific to substance abuse:

What are the requirements?

Referrals must have a history of some type of substance abuse (alcohol, prescription, tobacco, etc).

What happens after a referral is made?

- After INSPIRE has received a referral an appointment will be made to assess the child's treatment needs.
- After assessment results are obtained the child and parent will complete intake packet and sign appropriate release forms.
- Case manager will schedule meeting with family, child, mentor, and other key persons to review child's treatment goals.

What is the length of service provided?

The INSPIRE program may last up to 12 months (360 days). Progress is reviewed quarterly to determine client need intensity.

Who do I contact about a referral?

Referrals can be made:

-Directly through intake staff at the Putman County Prester Center:

Physical address: 3389 Winfield Rd.
Winfield, WV 25213
Office: (304) 586-0670
Fax: (304) 586-0671

Mailing Address: PO Box 299
Winfield, WV 25213

-Directly through INSPIRE staff:

Case Manager: Tara B Davis
Email: tara.davis@prester.org
Office: (304) 586-0670 ext.1424
Fax: (304) 586-0671

Mentor: Tammy Clifton
Email: tammy.clifton@prester.org
Office: (304) 586-0670 ext.1450
Fax: (304) 586-0671

-Directly through INSPIRE supervisor:

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|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| Assistant Director, Children's Services | Mindy Wass mindy.wass@prester.org 1 Prester Way Huntington, WV 52705 Office: (304) 525-7851 ext.1268 Fax: (304) 399-1202 |
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REFERRAL FORM



3389 Winfield Rd.

Winfield, WV 25213

Phone: (304) 586-0670

Fax: (304) 586-0671

Individuals Now Seeking Participation In Recovery Education

DATE OF REFERRAL: _____

Please complete as much information as possible:

Contact Information:

Referral Name: _____

DOB: _____

Address: _____

SSN: _____

Phone: _____

Guardian: _____

alt.Phone: _____

Referral:

Referral Source: _____

Ref. Phone: _____ ext. _____

School Information:

School: _____

Phone: _____ ext. _____

School contact: _____

Grade: _____

History of truancy? _____

Passing or Failing: _____

Other school issues: _____

Legal Information:

Contact: _____

Phone: _____

Reason for involvement: _____

Length of involvement: _____

Court date: _____

Substance Issues:

Type: _____

Frequency: _____

Length of use: _____

Medical/Behavioral Issues: (aggression, theft, fire-setting, runaway, sexual abuse, etc)

Diagnosis _____

Meds: _____

Behaviors: _____

At risk of harming self or others? _____

Office use Only

Intake date: _____ Start date: _____ Case Number _____