

# Teen Resource Guide for Kanawha County

Provided for you by: United Way Information & Referral & Regional Family Resource Network

## COUNTY AGENCIES/SERVICES

Kanawha-Chas. Humane Assn..... 342-1576  
Kanawha County Library..... 343-4646  
[www.kanawha.lib.wv.us/](http://www.kanawha.lib.wv.us/)  
Solid Waste Authority..... 342-4477  
WV DHHR..... 558-4098  
WV Rehabilitation..... 766-2634  
WVU Extension Office..... 768-1202

## EMERGENCY NUMBERS (911)

Non-emergency..... 357-0191  
Fire, Police, Ambulance..... 911  
Sheriff..... 357-0200  
State Police (Kanawha)..... 558-7777  
Poison Control..... 800-642-3625  
Adult/Child Abuse..... 800-352-6513

## ADDICTION SERVICES

Alcoholics Anonymous..... 800-333-5051  
Highland Hospital..... 926-1600  
HOPE Community Dev. Corp..... 343-4673  
Kanawha Valley Fellowship..... 342-8051  
Narcotics Anonymous..... 344-4442  
Prestera Center..... 341-0511  
Problem Gambler's Help Ntwk..... 800-426-2537  
St. Albans Drug Prevention Task Force  
Report illegal drug activity..... 348-8111  
Someone to talk to at anytime..... 201-1111  
Receive help with intervention and  
Treatment..... 341-0251  
Mayor's office..... 727-2971

## COUNSELING/MENTAL HEALTH

ASPEN (Adolescent Suicide Prevention and  
Early Intervention)..... 414-3070  
Behavioral Medicine..... 341-1500

Family Counseling Connection  
304.340.3676 [www.fskv.org](http://www.fskv.org)  
Counseling services, including marital, parent-  
child, divorce adjustment, total family, school  
adjustment, individual/personal, sexual assault  
and sexual abuse, counseling for child victims,  
adults molested as children, non-offending  
spouses, adult/juvenile sex offenders and rape  
victims. Advocacy and healing programs.

Highland Hospital..... 926-1600  
[www.highlandhospital.net](http://www.highlandhospital.net)  
Kanawha Pastoral Counseling..... 346-9689  
Kanawha Valley Center..... 347-9818  
Mental Health Association..... 340-3512  
Mountain State Family Alliance... 399-0126  
Prestera Center..... 341-0511  
[www.prestera.org](http://www.prestera.org)  
Kanawha Co. Res. Ctr. 342-6184 / 345-7119  
WV Council for the Prevention of Suicide  
..... 296-1731 ext. 4269  
[www.wvsuicidecouncil.org](http://www.wvsuicidecouncil.org)

## CRISIS INTERVENTION

Adult/Child Abuse Hotline..... 800-352-6513  
Problem Gamblers Help Network  
toll free..... 800-426-2537  
[www.1800gambler.net/](http://www.1800gambler.net/)  
Rape/Sexual Assault Services..... 340-3676

Suicide Prevention Lifeline..... 800-273-8255  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## DOMESTIC VIOLENCE SERVICES

Rape/Sexual Assault Services..... 340-3676  
WV Coalition Against DV..... 965-3552  
YWCA Resolve Family Abuse..... 340-3549

## EDUCATION/TRAINING

Apprenticeship for Child Development  
Specialist toll free..... 1-866-982-2237  
[www.wvacds.org/](http://www.wvacds.org/)  
Charleston Job Corps Outreach & Admissions  
..... 414-4435  
Community Development Specialist..... 389-4551  
<http://www.prevnet.org/>  
Garnet Career Center..... 348-6195  
Goodwill Industries..... 346-0811  
HOPE Community Dev. Corp..... 343-4673  
Job Squad..... 612-4341  
Junior Achievement..... 346-9753  
Kanawha County Schools..... 348-7770  
[www.kcs.kana.k12.wv.us/](http://www.kcs.kana.k12.wv.us/)

Andrew Jackson Middle School..... 776-3310  
Ben Franklin Vocational School... 766-0369  
Capital High School..... 348-6500  
Carver Career Center..... 348-1965  
Cedar Grove Community School... 949-1642  
Du Pont Middle School..... 348-1978  
Dunbar Middle School..... 766-0363  
East Bank Middle School..... 595-2311  
Elkview Middle School..... 348-1947  
Garnet Career Center..... 348-6195  
George Washington High School... 348-7729  
Hayes Middle School..... 722-0222  
Herbert Hoover High School..... 965-3394  
Horace Mann Middle School..... 348-1971  
John Adams Middle School..... 348-6652  
Kanawha County Schools Acad.... 348-7731  
McKinley Middle School..... 722-0218  
Nitro High School..... 755-4321  
Riverside High School..... 348-1996  
St. Albans High School..... 722-0212  
Sissonville High School..... 348-1954  
Sissonville Middle School..... 348-1993  
South Charleston High School.... 766-0352  
South Charleston Middle School... 348-1918  
Stonewall Jackson Middle School. 348-6123  
Tyler Middle School..... 348-6133  
KISRA..... 768-8929  
Literacy Volunteers-Kanawha..... 343-7323  
Mountaineer Challenge Academy  
..... 1-800-529-7700  
[www.wvchallenge.org/](http://www.wvchallenge.org/)

## ENVIRONMENTAL ORGANIZATIONS

Ohio Valley Environmental Coalition  
..... 522-0246  
[www.ohvec.org](http://www.ohvec.org)  
WV Environmental Council..... 346-5905  
[www.wvecouncil.org](http://www.wvecouncil.org)  
WV Highlands Conservancy  
<http://www.wvhighlands.org/>  
The Nature Conservancy WV..... 345-4350  
[http://nature.org/wherewework/northamerica/  
states/westvirginia/](http://nature.org/wherewework/northamerica/states/westvirginia/)

## FOOD/NUTRITION

Central Child Care..... 382-0797  
Christ's Kitchen..... 722-4284  
Food Pantry Referrals..... 414-4405  
Food Stamps..... 558-4098  
Manna Meal..... 345-7121  
Meals on Wheels..... 342-4252  
Senior Nutrition Program..... 755-2385  
WIC Program..... 746-7880

## HEALTH CARE/CLINICS/HOSPITAL

Cabin Creek Health Center..... 595-5006  
CAMC..... 388-5432  
Children's Therapy Clinic..... 342-9515  
Family Care Hills Plaza..... 720-4466  
FamilyCare Schoenbaum FEC..... 414-4499  
Kan-Chas Health Dept..... 348-0700  
St. Francis Hospital..... 347-6500  
Thomas Memorial Hospital..... 766-3600  
Upper Kanawha Medical Center... 595-1770  
Women's Health Center..... 344-9834  
WV Health Right..... 343-7000

## HEALTH ORGANIZATIONS

AIDS Hotline..... 800-642-8244  
Alzheimer's Association..... 343-2717  
American Cancer Society..... 746-9950  
Toll Free Local..... 1-800-288-3618  
Toll Free National..... 1-800-227-2345  
[www.cancer.org/](http://www.cancer.org/)  
Arthritis Foundation toll free 1-800-358-0380  
Blind Physically Handicapped Services  
..... 558-4061  
Carelink..... 888-348-2922  
CAMC Health Info Center..... 388-9645  
[www.healthinfocenter.org](http://www.healthinfocenter.org)  
CAMC Reg. Tobacco Prevention..... 388-9967  
D.E.A.F..... 766-9470  
Diabetes Association..... 768-2597  
Easter Seal Society toll free... 800-677-1390  
Heart Association..... 965-7998  
Kanawha Coalition for Community Health  
Improvement..... 388-7557  
[www.kcchi.org](http://www.kcchi.org)  
Lions Club Sight Program..... 766-4891  
Lung Association..... 342-6600  
[www.alawv.org/](http://www.alawv.org/)  
Lupus Foundation..... 414-4405  
March of Dimes..... 720-2229  
Multiple Sclerosis Society..... 343-5153  
Muscular Dystrophy Assn..... 344-9807  
Spinal Cord Injury..... 766-4751  
UniCare Health Plan..... 347-1961  
Toll Free..... 888-611-9958

## RECREATION

Charleston Parks & Recreation..... 348-6860  
Community Centers  
Kanawha City..... 348-6484  
King Center..... 348-6404  
North Charleston..... 348-6884  
South Charleston Rec Center..... 744-4731  
YMCA..... 340-3527  
YWCA..... 340-3550

## SHELTERS

Davis Child Shelter..... 345-3891

New Connections ..... 340-3690  
 Patchwork ..... 340-3670

**TRANSPORTATION**

KAT (Special Needs)..... 343-0489  
 Kanawha Valley Senior Services ..... 348-0707  
 Kanawha Valley Regional Transportation (KRT)  
 ..... 343-7586  
 Medi-Cab..... 342-5798  
 Prestera Non-emergency Med. Transportation  
 ..... 741-2460  
 Prestera TARP Subst. Abuse..... 341-0511 x 154  
 Samuels Transport..... 720-7261/553-9307

**VARIOUS WEBSITES**

- The 4girls website, developed by the Office on Women’s Health in the Department of Health and Human Services, gives girls between the ages of 10 - 16 reliable, current health information at [www.4girls.gov](http://www.4girls.gov)
- The Kids and Teens Open Directory Project, a comprehensive directory for people under the age of 18, compiled by volunteer writers and editors [www.dmoz.org/Kids\\_and\\_Teens/about.html](http://www.dmoz.org/Kids_and_Teens/about.html)
- Teen Get Going is an interactive site dealing with alcohol and other drug use. [www.teengetgoing.com](http://www.teengetgoing.com)
- Five Promises from America’s Promise [www.americaspromise.org](http://www.americaspromise.org)
- Search Institute - Identifies 40 developmental assets that all young people can use to become healthy, productive adults <http://www.search-institute.org/>
- Cool Nurse was created to help today’s teen and young adult achieve and maintain a high level of health, fitness and well-being. Teenagers need to know the latest about health and about their bodies. Health and sex education has been cut from many school budgets. This site is a guide to assist you in making intelligent, informed decisions. [www.coolnurse.com](http://www.coolnurse.com)
- Painfully Obvious® exists to give you the facts about the effects and dangers of [prescription drug abuse](http://www.painfullyobvious.com). It’s important that you understand that depending on how prescription drugs are used, they can either save a life... or end it. The information on this site is intended to make it "Painfully Obvious®" that abusing prescription drugs is totally unsafe and totally uncool. [www.painfullyobvious.com](http://www.painfullyobvious.com)
- Do Something was founded in 1993 by Andrew Shue and Michael Sanchez, childhood friends who had a dream to make community service as cool as sports. Do Something strives to make this a reality. We inspire, support, and celebrate young people (like you) changing our world. <http://www.dosomething.org/>
- Since 1991, Liz Claiborne Inc. has been working to end domestic violence. Through its Love Is Not

Abuse program, the company provides information and tools that men, women, children, teens and corporate executives can use to learn more about the issue and find out how they can help end this epidemic.

<http://loveisnotabuse.com/>

- YouthWEB Online unites youngsters, teens and adults from diverse backgrounds and communities in the fight against bias, bigotry and prejudice. Young people can report hate-related incidents and get assistance along with information about hate crimes, school violence, discrimination and human rights.

<http://www.youthwebonline.com/>

- CAMC Institute Health Information Center

<http://www.healthinfocenter.org>

- ATV Safety

[www.atvsafety.gov](http://www.atvsafety.gov)

- TeenGrowth is a unique and interactive Web site specifically tailored toward the health interests and general well-being of the teenage population. TeenGrowth offers a secure environment to search for, request and receive valuable health care information on topics such as alcohol, drugs, emotions, health, family, friends, school, sex and sports.

<http://www.teengrowth.com/>

- Sex, etc. is sex education by teens, for teens!

<http://www.sexetc.org/>

YMCA of Kanawha Valley  
 304.340.3527 [www.ymcawv.com](http://www.ymcawv.com)  
 Scholarships for disadvantaged/at risk and low-income youth from the Kanawha Valley in the areas of youth sports, aquatics, after school, and summer camp.

YWCA of Charleston  
 304.340.3550 [www.ywcachaswv.org](http://www.ywcachaswv.org)  
 Sojourner’s: emergency housing and direct assistance for homeless women, children, and families. Resolve Family Abuse program: safe housing for women and children facing spousal or family abuse, as well as counseling for victims and offenders. Child Enrichment Center: licensed day care services for low income families.

**VOLUNTEER OPPORTUNITIES**

American Red Cross of Central West Virginia and Putnam County 340-3650  
[www.cwv-redcross.org](http://www.cwv-redcross.org)

Provides disaster relief, disaster planning and preparedness education, health services including HIV/AIDS education, CPR, first aid, water safety, and assistance to military personnel and their families.

Kanawha Hospice ..... 768-8523  
 Literacy Volunteers ..... 343-7323  
 Salvation Army ..... 343-4548  
 Volunteer Resource Center ..... 414-4405  
 West Virginia Commission for National and Community Service  
<http://www.volunteerwv.org>

**YOUTH SERVICES**

Adolescent Health Initiative ..... 340-3622  
 Youth Make a Difference  
<http://www.youthmakeadifference.com>  
 Braley & Thompson ..... 722-9140  
 Toll Free..... 1-877-399-9140  
 Children’s Home Society..... 345-3894  
 Daymark, Inc. 340-3675 [www.daymark.org](http://www.daymark.org)  
 Daymark operates Patchwork, which provides crisis intervention, counseling, and shelter for youths ages 11-17. It also operates New Connections, which provides GED and life skills instruction for at-risk youth, ages 16-21, seeking viable independence in the community.  
 Kanawha Co. Sheriff’s Dept. Combating Underage Drinking ..... 357-0155  
 Kanawha Valley Center ..... 347-9818  
 Mountaineer Challenge Academy  
 toll free..... 800-529-7700  
 WV Nat’l Guard Child & Youth ..... 561-6821  
 WV Youth Advocate Program..... 345-6897  
 Toll Free..... 1-800-575-6008

**YOUTH ORGANIZATIONS**

Big Brothers/Big Sisters ..... 746-7900  
 Boys and Girls Club ..... 342-8831

Boy Scouts of America. Buckskin Council  
 340.3663 [www.buckskin.org](http://www.buckskin.org)  
 Comprehensive youth development, including character development, citizenship training, and physical/mental fitness opportunities.

Girl Scouts of Black Diamond Council  
 345.7722 [www.bdgsc.org](http://www.bdgsc.org)  
 Youth programming that provides self-esteem building and life skill development. Camping programs for young women and girls. Adult development through leadership opportunities and training.


4-H..... 768-1202

**WV STATE SERVICES/AGENCIES**

WV DHHR..... 558-0170  
 Child/Adult Abuse Hotline .... 800-352-6513  
 Child Support Office..... 800-249-3778  
 Children’s Health Insurance (CHIP)  
 Toll Free ..... 877-982-2447  
 Family Planning Program ..... 800-642-8522  
 Substance Abuse & Tobacco Prevention  
 Clearinghouse ..... 800-642-9021 x8  
<http://librarycommission.lib.wv.us/radarandtobacco/index.html>

Vital Statistics..... 558-2931  
 WV Advocates ..... 346-0847  
 WV Army National Guard Family Assistance  
 Center Toll Free..... 1-866-986-4326

*This guide was revised in February 2008.  
 For an updated version, please logon to [www.regionalfnrn.org](http://www.regionalfnrn.org).*



**Still don't know where to go for help? Call United Way of Central West Virginia Information and Referral 414.4405 or 1.800.540.8659 or 211 after hours [www.wv211.org](http://www.wv211.org)**