

Teen Resource Guide for Kanawha County

Provided for you by: United Way Information & Referral & Regional Family Resource Network
ALL NUMBERS ARE 304 AREA CODE UNLESS ANOTHER AREA CODE IS LISTED Still don't know where to go for help? Call
United Way of Central West Virginia Information and Referral 414.4405 or 1.800.540.8659 or 211 after hours
www.wv211.org

COUNTY AGENCIES/SERVICES

Kanawha-Chas. Humane Assn..... 342-1576
Kanawha County Library..... 343-4646
www.kanawha.lib.wv.us/
Solid Waste Authority..... 342-4477
WV DHHR 558-4098
WV Rehabilitation..... 766-2634
WVU Extension Office..... 768-1202

EMERGENCY NUMBERS (911)

Non-emergency 357-0191
Fire, Police, Ambulance..... 911
Sheriff 357-0200
State Police (Kanawha)..... 558-7777
Poison Control 800-642-3625
Adult/Child Abuse..... 800-352-6513

ADDICTION SERVICES

Alcoholics Anonymous 800-333-5051
Highland Hospital..... 926-1600
HOPE Community Dev. Corp..... 343-4673
Kanawha Co. Methamphetamine tip line
..... 357-4693
Kanawha Valley Fellowship..... 342-8051
Narcotics Anonymous..... 344-4442
Prestera Center..... 341-0511
Problem Gambler's Help Ntwk 800-426-2537
St. Albans Drug Prevention Task Force
Report illegal drug activity 348-8111
Someone to talk to at anytime 201-1111
Receive help with intervention and
Treatment..... 341-0251
Mayor's office..... 727-2971
WV Prescription Drug Abuse Hotline
Toll Free..... 866-987-8488

COUNSELING/MENTAL HEALTH

ASPEN (Adolescent Suicide Prevention and
Early Intervention) 414-3070
www.wvaspen.com/

Family Counseling Connection
340.3676

<http://familycounselingconnection.org/>

Counseling services, including marital, parent-
child, divorce adjustment, total family, school
adjustment, individual/personal, sexual assault
and sexual abuse, counseling for child victims,
adults molested as children, non-offending
spouses, adult/juvenile sex offenders and rape
victims. Advocacy and healing programs.

Highland Hospital..... 926-1600

www.highlandhospital.net

Kanawha Pastoral Counseling..... 346-9689

Kanawha Valley Center 347-9818

Mental Health Association..... 340-3512

Prestera Center..... 341-0511

www.prestera.org

Kanawha Co. Res. Ctr. 342-6184 / 345-7119

WV Council for the Prevention of Suicide

..... 296-1731 ext. 4269

www.wvselfharmcouncil.org

WVU Behavioral Medicine 388-1000

CRISIS INTERVENTION

Adult/Child Abuse Hotline..... 800-352-6513
Problem Gamblers Help Network
toll free..... 800-426-2537
www.1800gambler.net/
Rape/Sexual Assault Services..... 340-3676
Suicide Prevention Lifeline..... 800-273-8255
www.suicidepreventionlifeline.org

DOMESTIC VIOLENCE SERVICES

National Teen Dating Violence Hotline
Toll free..... 866-331-9474
Rape/Sexual Assault Services..... 340-3676
WV Coalition Against DV 965-3552
YWCA Resolve Family Abuse..... 340-3549

EDUCATION/TRAINING

Apprenticeship for Child Development
Specialist toll free 1-866-982-2237
www.wvaccs.org/
Charleston Job Corps Outreach & Admissions
..... 414-4435
Community Development Specialist. 389-4551
<http://www.prevnet.org/>
Garnet Career Center..... 348-6195
Goodwill Industries..... 346-0811
HOPE Community Dev. Corp..... 343-4673
Job Squad..... 612-4341
Junior Achievement..... 346-9753
Kanawha County Schools..... 348-7770
www.kcs.kana.k12.wv.us/

Andrew Jackson Middle School..... 776-3310

Ben Franklin Vocational School..... 766-0369

Capital High School..... 348-6500

Carver Career Center..... 348-1965

Cedar Grove Community School .. 949-1642

Du Pont Middle School..... 348-1978

Dunbar Middle School..... 766-0363

East Bank Middle School..... 595-2311

Elkview Middle School..... 348-1947

Garnet Career Center..... 348-6195

George Washington High School.. 348-7729

Hayes Middle School 722-0222

Herbert Hoover High School..... 965-3394

Horace Mann Middle School 348-1971

John Adams Middle School 348-6652

Kanawha County Schools Acad..... 348-7731

McKinley Middle School 722-0218

Nitro High School 755-4321

Riverside High School 348-1996

St. Albans High School..... 722-0212

Sissonville High School..... 348-1954

Sissonville Middle School..... 348-1993

South Charleston High School..... 766-0352

South Charleston Middle School .. 348-1918

Stonewall Jackson Middle School. 348-6123

Tyler Middle School..... 348-6133

Kanawha Communities That Care... 437-3356

<http://www.kanawhacountyctc.org/>

KISRA..... 768-8929

<http://www.kisra.org>

Literacy Volunteers-Kanawha 343-7323

Mountaineer Challenge Academy

..... 1-800-529-7700

www.wvchallenge.org/

ENVIRONMENTAL ORGANIZATIONS

Ohio Valley Environmental Coalition

..... 522-0246

www.ohvec.org

WV Environmental Council..... 346-5905

www.wvecouncil.org

WV Highlands Conservancy

<http://www.wvhighlands.org/>

The Nature Conservancy WV.... 345-4350

<http://nature.org/wherewework/northamerica/states/westvirginia/>

WV Youth Environmental Program ...

..... 926-0499x1114

www.dep.wv.gov

FOOD/NUTRITION

Central Child Care 382-0797

Christ's Kitchen..... 722-4284

Food Pantry Referrals 414-4405

Food Stamps 558-4098

Manna Meal 345-7121

Meals on Wheels..... 342-4252

Senior Nutrition Program 755-2385

WIC Program..... 746-7880

HEALTH CARE/CLINICS/HOSPITAL

Cabin Creek Health Center 595-5006

CAMC 388-5432

Children's Therapy Clinic..... 342-9515

Family Care Hills Plaza 720-4466

FamilyCare Schoenbaum FEC 414-4499

Kan-Chas Health Dept..... 348-0700

St. Francis Hospital..... 347-6500

Thomas Memorial Hospital 766-3600

Upper Kanawha Medical Center..... 595-1770

Women's Health Center..... 344-9834

WV Health Right 343-7000

HEALTH ORGANIZATIONS

AIDS Hotline..... 800-642-8244

Alzheimer's Association 343-2717

American Cancer Society..... 746-9950

Toll Free Local 1-800-288-3618

Toll Free National..... 1-800-227-2345

www.cancer.org/

Arthritis Foundation toll free 1-800-358-0380

Blind Physically Handicapped Services

..... 558-4061

Carelink..... 888-348-2922

CAMC Health Info Center 388-9645

www.healthinfocenter.org

CAMC Reg. Tobacco Prevention..... 388-9967

D.E.A.F. 766-9470

Diabetes Association..... 768-2597

Easter Seal Society toll free..... 800-677-1390

Heart Association..... 965-7998

Kanawha Coalition for Community Health Improvement	388-7557
www.kcchi.org	
Lions Club Sight Program.....	766-4891
Lung Association.....	342-6600
www.alaww.org/	
Lupus Foundation	414-4405
March of Dimes	720-2229
Multiple Sclerosis Society.....	343-5153
Muscular Dystrophy Assn.....	344-9807
Spinal Cord Injury.....	766-4751
UniCare Health Plan	347-1961
Toll Free.....	888-611-9958
WCWV Reg. Tobacco Prevention	722-8070

RECREATION

Charleston Parks & Recreation.....	348-6860
Community Centers	
Kanawha City.....	348-6484
King Center	348-6404
North Charleston	348-6884
South Charleston Rec Center.....	744-4731

SHELTERS

Davis Child Shelter	345-3891
Daymark, Inc. 340-3675	www.daymark.org
Daymark operates Patchwork, which provides crisis intervention, counseling, and shelter for youths ages 11-17. It also operates New Connections, which provides GED and life skills instruction for at-risk youth, ages 16-21, seeking viable independence in the community.	
National Runaway Switchboard..	800-786-2929

TRANSPORTATION

KAT (Special Needs)	343-0489
Kanawha Valley Senior Services.....	348-0707
Kanawha Valley Regional Transportation (KRT)	343-7586
Medi-Cab	342-5798
Pretera Non-emergency Med. Transportation	741-2460
Samuels Transport.....	720-7261/553-9307

VARIOUS WEBSITES

- The 4girls website, developed by the Office on Women's Health in the Department of Health and Human Services, gives girls between the ages of 10 – 16 reliable, current health information at www.4girls.gov
- The Kids and Teens Open Directory Project, a comprehensive directory for people under the age of 18, compiled by volunteer writers and editors www.dmoz.org/Kids_and_Teens/about.html
- Teen Get Going is an interactive site dealing with alcohol and other drug use. www.teengetgoing.com
- Search Institute – Identifies 40 developmental assets that all young people can use to become healthy, productive adults <http://www.search-institute.org/>
- Cool Nurse was created to help today's teen and young adult achieve and maintain a high level of health, fitness and well-being. Teenagers need to know the latest about health and about their bodies. Health and sex education has been

cut from many school budgets. This site is a guide to assist you in making intelligent, informed decisions.

www.coolnurse.com

- Painfully Obvious® exists to give you the facts about the effects and dangers of prescription drug abuse. It's important that you understand that depending on how prescription drugs are used, they can either save a life... or end it. The information on this site is intended to make it "Painfully Obvious®" that abusing prescription drugs is totally unsafe and totally uncool.

www.painfullyobvious.com

- Do Something was founded in 1993 by Andrew Shue and Michael Sanchez, childhood friends who had a dream to make community service as cool as sports. Do Something strives to make this a reality. We inspire, support, and celebrate young people (like you) changing our world.

<http://www.dosomething.org/>

- Since 1991, Liz Claiborne Inc. has been working to end domestic violence. Through its Love Is Not Abuse program, the company provides information and tools that men, women, children, teens and corporate executives can use to learn more about the issue and find out how they can help end this epidemic.

<http://loveisnotabuse.com/>

- YouthWEB Online unites youngsters, teens and adults from diverse backgrounds and communities in the fight against bias, bigotry and prejudice. Young people can report hate-related incidents and get assistance along with information about hate crimes, school violence, discrimination and human rights.

<http://www.youthwebonline.com/>

- CAMC Institute Health Information Center

<http://www.healthinfocenter.org>

- ATV Safety

www.atvsafety.gov

- TeenGrowth is a unique and interactive Web site specifically tailored toward the health interests and general well-being of the teenage population. TeenGrowth offers a secure environment to search for, request and receive valuable health care information on topics such as alcohol, drugs, emotions, health, family, friends, school, sex and sports.

<http://www.teengrowth.com/>

- Sex, etc. is sex education by teens, for teens!

<http://www.sexetc.org/>

- Teen pregnancy has serious consequences -- both physical and emotional -- and if you want to avoid them, you need to have a plan. So start by thinking it through carefully yourself.

<http://www.stayteen.org>

- Amplify Your Voice – a community dedicated to sexual health, reproductive justice and youth-led progressive activism.

<http://www.amplifyyourvoice.org>

VOLUNTEER OPPORTUNITIES

West Virginia Commission for National and Community Service

<http://www.volunteerwv.org>

YOUTH SERVICES

Adolescent Health Initiative	340-3622
YOUTH Make a Difference	http://www.youthmakeadifference.com
Bralely & Thompson.....	722-9140
Toll Free.....	1-877-399-9140
Kanawha Co. Sheriff's Dept. Combating Underage Drinking	357-0155
Kanawha Valley Center.....	347-9818
Mountaineer Challenge Academy toll free.....	800-529-7700
WV Nat'l Guard Child & Youth.....	561-6821
WV Youth Advocate Program.....	345-6897
Toll Free.....	1-800-575-6008

YOUTH ORGANIZATIONS

Big Brothers/Big Sisters.....	746-7900
Boys and Girls Club.....	342-8831
Boy Scouts of America. Buckskin Council 340.3663	www.buckskin.org
Comprehensive youth development, including character development, citizenship training, and physical/mental fitness opportunities.	
Girl Scouts of Black Diamond Council 345.7722	www.bdgsc.org
Youth programming that provides self-esteem building and life skill development. Camping programs for young women and girls. Adult development through leadership opportunities and training.	
4-H	768-1202
YMCA of Kanawha Valley	340-3527
www.ymcawv.com	
Scholarships for disadvantaged/at risk and low income youth from the Kanawha Valley in the areas of youth sports, aquatics, after school, and summer camp.	
YWCA of Charleston.....	340-3550
www.ywcacharleston.org	
Sojourner's: emergency housing and direct assistance for homeless women, children, and families. Resolve Family Abuse program: safe housing for women and children facing spousal or family abuse, as well as counseling for victims and offenders. Child Enrichment Center: licensed day care services for low income families.	

WV STATE SERVICES/AGENCIES

WV DHHR	558-0170
Child/Adult Abuse Hotline	800-352-6513
Child Support Office.....	800-249-3778
Children's Health Insurance (CHIP) Toll Free	877-982-2447
www.chip.wv.gov	
Family Planning Program	800-642-8522
Vital Statistics	558-2931
WV Advocates.....	346-0847
WV Army National Guard Family Assistance Center Toll Free.....	1-866-986-4326
This guide was revised in May 2011. For an updated version, please logon to	
http://www.regionalfnrn.org/KanawhaTeenResourceGuide.PDF	