

# Teen Resource Guide for Putnam County

Provided for you by: United Way of Central WV Information & Referral and RFRN

ALL NUMBERS ARE 304 AREA CODE UNLESS ANOTHER AREA CODE IS LISTED

## COUNTY AGENCIES/SERVICES

Animal Relief Center ..... 586-0249  
Capital Resource Agency..... 757-7207  
Health Dept ..... 757-2541  
Library, Main Branch ..... 757-7308  
    Buffalo ..... 937-3538  
    Hurricane..... 562-6711  
    Poca ..... 755-3241  
    Eleanor ..... 586-4295  
Museum in Community ..... 562-0484  
Putnam Co. Methamphetamine Tip Line  
..... 586-0263  
Salvation Army..... 757-5237  
WV Cares ..... 800-982-2737  
WVU Extension Office..... 586-0217  
WV DHHR ..... 757-7843  
WV Rehabilitation..... 766-2634

## ADDICTION SERVICES

Alcoholics Anonymous ..... 800-333-5051  
Cabell Co. Resource Ctr. .... 800-645-1808  
Highland Hospital..... 926-1600  
Kanawha Co. Res. Ctr. 342-6184 / 345-7119  
Narcotics Anonymous..... 344-4442  
Prestera Center ..... 586-0670  
[www.prestera.org](http://www.prestera.org)  
Problem Gambler's Help Ntwk 800-426-2537  
[www.1800gambler.net](http://www.1800gambler.net)  
Riverpark Hospital ..... 526-9111

## AMBULANCE (non-emergency)

Kanawha County ..... 342-1107

## COUNSELING/MENTAL HEALTH

ASPEN (Adolescent Suicide Prevention and  
Early Intervention) ..... 414-3070  
[www.wvaspen.com](http://www.wvaspen.com)  
Cabell Co. Resource Ctr. 1-800-645-1808  
Family Counseling Connection..... 340-3676  
[www.familycounselingconnection.org](http://www.familycounselingconnection.org)  
Highland Hospital..... 348-1293  
[www.highlandhospital.net](http://www.highlandhospital.net)  
Huntington Pastoral Counseling ... 529-0118  
Insight Psychological ..... 757-8650  
Kanawha Co. Res. Ctr. 342-6184/345-7119  
Kanawha Pastoral Counseling  
toll free..... 800-340-9680  
Kanawha Valley Center ..... 757-4670  
Marita Reynolds, Psychologist ..... 727-1302  
Mental Health Assoc ..... 340-3512  
Prestera Center ..... 586-0670  
[www.prestera.org](http://www.prestera.org)  
Putnam Counseling Center ... 562-2770  
Riverpark Hospital ..... 526-9111  
Teays Ministerial Assoc..... 562-2012  
WVU Behavioral Health ..... 388-1000

## CRISIS INTERVENTION

Abuse & Neglect Hotline..... 800-352-6513  
Branches Domestic Violence ..... 586-3865  
National Teen Dating Violence Hotline  
..... 866-331-9474  
National Runaway Switchboard  
..... 800-Runaway (800-786-2929)  
Problem Gamblers Help Network  
toll free..... 800-426-2537  
[www.1800gambler.net](http://www.1800gambler.net)  
Rape/Sexual Assault Services 340-3676  
Suicide Prevention Lifeline... 800-273-8255

Youth Alcohol & Drug Abuse Anonymous  
Text Tip Lines  
Will Jordon..... 741-2473  
Danielle Gillispie..... 741-6733

## EDUCATION/TRAINING

Apprenticeship for Child Development  
Specialist toll free ..... 866-982-2237  
[www.wvacds.org/](http://www.wvacds.org/)  
Adult Basic Ed./GED ..... 586-2411  
Calvary Baptist Academy ..... 757-6768  
Community Education... 586-0500 x 1150  
Mountaineer ChalleNGe Academy  
toll free..... 800-529-7700  
[www.wvchallenge.org/](http://www.wvchallenge.org/)  
Putnam County Schools ..... 586-0500  
[www.putnamschools.com](http://www.putnamschools.com)  
    Closings & Delays..... 586-0500 x 1404  
    School Nurses..... 586-0500 x 1168  
    Buffalo High School..... 937-2553  
    George Washington Middle ..... 586-2875  
    Hurricane High ..... 562-9851  
    Hurricane Middle ..... 562-9271  
    Poca High ..... 755-5001  
    Poca Middle..... 755-7343  
    Putnam Career & Tech. Ctr. 586-3494  
    Winfield High..... 586-3279  
    Winfield Middle ..... 586-3072  
Read Right..... 760-0250  
Teays Valley Christian School..... 757-9550

## EMERGENCY NUMBERS (911)

Fire, Police, Ambulance..... 586-0246  
Sheriff (Putnam) ..... 586-0214  
State Police..... 586-2000  
    Teays Valley ..... 757-1101  
Poison Control toll free ..... 800-222-1222  
Adult/Child Abuse ..... 800-353-6513  
Rape Crisis..... 800-656-4673/340-3676

## EMPLOYMENT

Job Squad ..... 612-4341  
WVDHHR/WV Works..... 757-7843x133  
Putnam County Job Service. .... 757-7421  
Stepping Toward Employment Program  
(STEP) ..... 760-0680  
Workforce WV Satellite Site.. ..... 760-0250

## ENVIRONMENTAL ORGANIZATIONS

Ohio Valley Environmental Coalition  
..... 522-0246  
[www.ohvec.org](http://www.ohvec.org)  
WV Environmental Council ..... 346-5905  
[www.wvecouncil.org](http://www.wvecouncil.org)  
The Nature Conservancy WV..... 345-4350  
[www.nature.org/wherework/northamerica/  
/states/westvirginia/](http://www.nature.org/wherework/northamerica/states/westvirginia/)  
WV Youth Environmental Program.....  
..... 926-0499x1114  
[www.dep.wv.gov](http://www.dep.wv.gov)

## FOOD/NUTRITION

Capital Resource Agency... ..... 757-7207  
Salvation Army ..... 757-5237  
Tabernacle of Praise Food Pantry. 562-9168  
WIC Program..... 757-4200

## HEALTH ORGANIZATIONS

Adolescent Health ..... 340-3622

## YOUth Make a Difference

[www.youthmakeadifference.com/](http://www.youthmakeadifference.com/)  
AIDS toll free..... 800-642-8244  
American Cancer Society..... 746-9950  
    Toll Free Local ..... 800-288-3618  
    Toll Free National..... 800-227-2345  
[www.cancer.org/](http://www.cancer.org/)  
Carelink..... 888-348-2922  
Cystic Fibrosis Foundation ... 757-3323  
D. E. A. F ..... 766-9470  
Diabetes Assoc..... 888-342-2383  
Easter Seal Society toll free.. 800-677-1390  
Heart Association ..... 965-7998  
HospiceCare..... 768-8523  
    toll free..... 1-800-560-8523  
Lung Association ..... 342-6600  
[www.alawv.org/](http://www.alawv.org/)  
Lupus Foundation toll free. ... 800-540-8659  
March of Dimes..... 720-2229  
[www.modimes.org/](http://www.modimes.org/)  
Muscular Dystrophy ..... 344-9807  
Multiple Sclerosis toll free..... 800-628-5645  
Putnam Wellness Task Team. .... 633-2818  
Spinal Cord Injury ..... 766-4751  
UniCare Health Plan ..... 347-1961  
    Toll Free..... 888-611-9958  
WCWV Reg. Tobacco Prevention.. 722-8070

## HOSPITAL/CLINICS

Cabell-Huntington ..... 526-2111  
CAMC Charleston..... 388-5432  
CAMC Teays Valley ..... 757-1700  
Children's Therapy Clinic ..... 342-9515  
Children with Special Health Care Needs  
..... 558-5388  
Family Care..... 757-6999  
[www.familycarewv.org/](http://www.familycarewv.org/)  
Putnam County Health Dept. .... 757-2541  
Putnam Co. School Nurses 586-0500 x 1168  
St Francis ..... 347-6500  
St Mary's ..... 526-1234  
Thomas Memorial ..... 766-3600  
Valley Health..... 760-6040  
[www.valleyhealth.org](http://www.valleyhealth.org)  
WV Health Right ..... 343-7000

## SHELTERS

Davis Child Shelter ..... 345-3891  
New Connections ..... 340-3690  
Patchwork ..... 340-3670

## TRANSPORTATION

Prestera Non-emergency Medical  
Transportation..... 741-2460  
Prestera TARP Subst. Abuse ..... 586-0670

## VARIOUS WEBSITES

- The 4girls Web site, developed by the Office on Women's Health in the Department of Health and Human Services, gives girls between the ages of 10-16 reliable, current health information. <http://www.4girls.gov>
- Search Institute - <http://www.search-institute.org/>

- The Kids and Teens Open Directory Project, a comprehensive directory for people under the age of 18, compiled by volunteer writers and editors. - [http://dmoz.org/Kids\\_and\\_Teens/about.html](http://dmoz.org/Kids_and_Teens/about.html)
- Teen Get Going is an interactive site dealing with alcohol and other drug use. - <https://www.teengetgoing.com/index.asp>
- Cool Nurse was created to help today's teen and young adult achieve and maintain a high level of health, fitness and well-being. Teenagers need to know the latest about health and about their bodies. Health and sex education has been cut from many school budgets. This site is a guide to assist you in making intelligent, informed decisions. [www.coolnurse.com](http://www.coolnurse.com)
- Painfully Obvious® exists to give you the facts about the effects and dangers of prescription drug abuse. It's important that you understand that depending on how prescription drugs are used, they can either save a life... or end it. The information on this site is intended to make it "Painfully Obvious®" that abusing prescription drugs is totally unsafe and totally uncool. The information and materials at PainfullyObvious.com are not intended to replace proper medical supervision or advice. Remember to always consult your doctor or other healthcare professional when you have questions or concerns about your prescription medication  
[www.painfullyobvious.com](http://www.painfullyobvious.com)
- Do Something was founded in 1993 by Andrew Shue and Michael Sanchez, childhood friends who had a dream to make community service as cool as sports. Do Something strives to make this a reality. We inspire, support, and celebrate young people (like you) changing our world.  
[www.dosomething.org/](http://www.dosomething.org/)
- YouthWEB Online unites youngsters, teens and adults from diverse backgrounds and communities in the fight against bias, bigotry and prejudice. Young people can report hate-related incidents and get assistance along with information about hate crimes, school violence, discrimination and human rights.  
[www.youthwebonline.com/](http://www.youthwebonline.com/)
- Since 1991, Liz Claiborne Inc. has been working to end domestic violence. Through its Love Is Not Abuse program, the company provides information and tools that men, women, children, teens and corporate executives can use to

learn more about the issue and find out how they can help end this epidemic.

<http://loveisnotabuse.com/>

- CAMC Institute Health Information Center  
[www.healthinfocenter.org/](http://www.healthinfocenter.org/)
- ATV Safety  
[www.atvsafety.gov](http://www.atvsafety.gov)
- TeenGrowth is a unique and interactive Web site specifically tailored toward the health interests and general well-being of the teenage population. TeenGrowth offers a secure environment to search for, request and receive valuable health care information on topics such as alcohol, drugs, emotions, health, family, friends, school, sex and sports.  
<http://www.teengrowth.com/>
- Teen Pregnancy Prevention  
<http://www.stayteen.org>
- Great American Condom Campaign  
<http://www.amplifyyourvoice.org/gacc>

#### **VOLUNTEER OPPORTUNITIES**

American Red Cross of Central West Virginia and Putnam County  
304.340-3650 [www.cwv-redcross.org](http://www.cwv-redcross.org)  
Provides disaster relief, disaster planning and preparedness education, health services including HIV/AIDS education, CPR, first aid, water safety, and assistance to military personnel and their families.

United Way of Central WV Volunteer Resource Center ..... 414-4405  
West Virginia Commission for National and Community Service 558-0111  
<http://www.volunteerwv.org>

#### **YOUTH ORGANIZATIONS**

Boy Scouts of America, Buckskin Council  
340.3663 [www.buckskin.org](http://www.buckskin.org)  
Comprehensive youth development, including character development, citizenship training, and physical/mental fitness opportunities.

Daymark, Inc. 340.3675 [www.daymark.org](http://www.daymark.org)  
Daymark operates Patchwork, which provides crisis intervention, counseling, and shelter for youths ages 11-17. It also operates New Connections, which provides GED and life skills instruction for at-risk youth, ages 16-21, seeking viable independence in the community.

4-H ..... 586-0217

Girl Scouts of Black Diamond Council  
345.7722 [www.bdgsc.org](http://www.bdgsc.org)  
Youth programming that provides self-esteem building and life skill development. Camping programs for young women and girls. Adult development through leadership opportunities and training.

#### **YOUTH SERVICES**

Almost Home Day Care .....757-3662  
Big Brothers/Big Sisters..... 746-7900  
Braley & Thompson ..... 720-1300  
Burlington UM Family Services..... 757-9127  
Court Appointed Special Advocate (CASA) .....523-9587

Children's Home Society ..... 345-3894  
Kanawha Valley Center .....757-4670  
Mission West Virginia..... 562-0723  
Mountaineer ChalleNge Academy  
toll free.....800-529-7700  
[www.wvchallenge.org/](http://www.wvchallenge.org/)  
Patchwork ..... 340-3670  
Pretera Respite .....586-0670x1431  
[www.pretera.org](http://www.pretera.org)  
Teays Valley Resource Cntr .....562-0093


Tri-County YMCA  
757.0016 [www.tri-countyymca.org](http://www.tri-countyymca.org)  
Scholarships for disadvantaged and at risk youths in Putnam and Western Kanawha counties in the areas of youth sports, day camp, and after school programs.

WV Nat'l Guard Child & Youth .....561-6821

#### **WV STATE SERVICES/AGENCIES**

AIDS Hotline toll free ..... 800-642-8244  
Link Child Care Resource & Referral  
toll free.....800-894-9540  
Children's Health Insurance Program  
toll Free..... 877-982-2447  
<http://www.chip.wv.gov/>  
Family Planning ..... 800-642-8522  
Literacy WV toll free..... 800-642-2670  
Vital Statistics.....558-2931  
WIC ..... 757-4200  
or toll free ..... 800-566-4201  
WV Army National Guard Family  
Assistance Center Toll Free 866-986-4326  
WV DHHR Abuse Hotline... 800-352-6513  
WV Prescription Drug Abuse Hotline  
.....866-WVQUIT (987-8488)

***This guide was revised in May 2011. For an updated version, please logon to <http://regionalfrn.org/PutnamTeenResourceGuide.PDF>.***



Still don't know where to go for help? Call United Way of Central West Virginia Information and Referral 414-4405 or 1.800.540.8659 or 211 after hours.