

*I want to quit using tobacco.*

*But I don't know where to turn.*

## **Quit Line Services**

Between now and the end of March 2008, the West Virginia Quit Line is offering **FREE** tobacco cessation services to any West Virginia resident regardless of income or insurance.

Anyone who wants to quit using tobacco can  
**call 1-877-966-8784.**

## **Tobacco Cessation Clinics**

*Where are they in Kanawha County?*

### **St. Francis Hospital**

Call 347-6564 or visit [www.stfrancishospital.com](http://www.stfrancishospital.com)

(click on "contact us" and your message will be routed to that department)

### **Charleston Area Medical Center**

February clinic currently underway

Next clinic begins April 8, 6:00-7:30 p.m. Call 345-9051 to learn more or to register

If interested in other upcoming clinics at CAMC call 388-9967 or E-mail:

[quittobacco@camc.org](mailto:quittobacco@camc.org)

### **Family Care**

Next clinic begins at the Hills Plaza Office in Charleston on March 4, 5:30-7:30pm.

Phone: 757-6999

For more information call the American Lung Association at 342-6600 or E-mail

[kcaseman@lunginfo.org](mailto:kcaseman@lunginfo.org)



Kanawha Coalition  
for Community  
Health Improvement

To become involved in tobacco prevention efforts in Kanawha County  
call 388-7557 or email [KCCHI@camc.org](mailto:KCCHI@camc.org)