



# My Cause Promotion

SunTrust Bank is extending its **My Cause** promotion to help organizations like ours continue to raise funds through donations. The promotion gives individuals a unique opportunity to reinvest in their communities and support their charities of choice.

If you haven't had a chance to participate in the promotion, you still have time. Now through December 31, 2008, you have the option to have SunTrust give \$100 to Regional Family Resource Network, Inc. when you open a new SunTrust Personal or Business Checking account during the promotion period, accept a new SunTrust Visa® Check Card, make any purchase with the new card, and submit a completed online redemption form by February 15, 2009. Also, there's another exciting program element that has been added to the promotion, **SunPoints for Charity**,<sup>SM</sup> which can help us with ongoing fundraising efforts.

Those who currently bank with SunTrust and have a SunTrust Visa Signature® or SunTrust Platinum Visa with SunTrust Rewards Credit Card,\* or SunTrust Visa Check Card enrolled in the SunTrust Rewards program\*\* can donate their SunPoints (SunTrust's reward points system) to Regional Family Resource Network, Inc.! Donations can be made in \$25, \$50, or \$100 denominations. The more purchases you make using these applicable cards, the more points you can turn into charitable gifts throughout the year.

If you plan to take advantage of the **My Cause** promotion and open a new checking account by December 31, we encourage you to consider donating your \$100 to Regional Family Resource Network, Inc. And once you receive your applicable card, or if you already have one, turn your SunTrust Rewards into donations as well.

We hope that you will continue to spread the word about the **My Cause** promotion and the ongoing **SunPoints for Charity** program to your friends, family, and personal and business contacts. The more awareness we can generate among our supporters, the greater the opportunity to increase our fundraising easily and effortlessly.

We are thankful that you would consider us as your cause and appreciate your continued support. For more information about **My Cause** and how to get involved, please visit [suntrust.com/mycause](http://suntrust.com/mycause).

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The Regional Family Resource Network receives Planning and Coordination funds from the WV Department of Health and Human Resources, which includes federal Medicaid funds and WV General Revenue funds. Programmatic funds are also received from Boone County Community Foundation, The Greater Kanawha Valley Foundation, Prevent Child Abuse West Virginia, Rush2Brush from Valley Health and The West Virginia Division of Tobacco Prevention Clean Indoor Air Program operating under the Department of Health and Human Resources and the Bureau for Public Health.

**BOONE COUNTY NEWS**

Boone FRN met on May 22, and June 19, 2008 at the Danville Community Center. **The July Boone FRN meeting was canceled, but meetings for the next three months are scheduled for Thursday, August 21, Thursday, September 18 and Thursday October 16 at 10 a.m. at the Danville Community Center.**

Speakers for the May and June meetings were Heather Galloway of the Make-a-Wish Foundation and Craig Wagoner of the ARC of the River Cities, respectively. If you would like to speak about your organization or program for 15–20 minutes at a future meeting, please contact Michele using the information on the fourth page of this newsletter.

Stop Watch met following the FRN meetings at Park Avenue Restaurant. There was a pool party at WaterWays on Friday night, June 13, 7- 9 p.m. and 334 adults, youth and children attended for substance-free fun. Youth from Big Ugly Community Center in Lincoln County gave two performances of their skit about Prescription Drug Abuse. Boone County Community Foundation funded admissions, food and advertisement. Log on to <http://regionalfrn.org/6-13-08StopWatchPoolParty.html> for the Coal Valley News' article about the pool party.

Boone County Community Foundation granted \$5,000 for continued support of Stop Watch for the upcoming year.

The next Stop Watch meeting is scheduled to follow the Boone FRN meeting on August 21, 2008 at 12 Noon at Park Avenue Restaurant in Danville. Anyone is welcome to attend, but attendees are responsible for the cost of their lunch. Stop Watch is planning a treatment professionals meeting to be held sometime in September 2008.

**KANAWHA COUNTY NEWS**

Kanawha FRN met on Thursday, May 8, Thursday, June 12 and Thursday, July 10 at the Schoenbaum Family Enrichment Center in Charleston. **The August meeting is canceled, and the next three KFRN meeting will be held on Thursday, September 11, Thursday, October 9, and Thursday, November 13, 2008 at 12 Noon at the Schoenbaum Family Enrichment Center in Charleston. Brown bag lunch.**

Craig Wagoner of the ARC of the River Cities spoke at the May meeting, Norm Steenstra of the Kanawha Solid Waste Authority spoke at the June meeting and Wayne Bailey of Daymark spoke at the July meeting. If you would like to speak about your organization or program for 15–20 minutes at a future meeting, please contact Michele using the information on the fourth page of this newsletter.

The first Kids First Community of Boone, Clay, Kanawha & Putnam County has had two regional meetings so far with 30+ people in attendance. The next meeting is scheduled for Thursday, August 28 at 5:30 p.m. at the KISRA Empowerment Center at 131 Perkins Avenue in Dunbar. If you are concerned about quality child care, you are invited to attend. A meal, child activities and a travel stipend is available.

Kanawha County Communities That Care Coalition continues to meet on the fourth Wednesday of each month at 12 noon at the SFEC. If you would like to attend, please contact Project Assistant Michele Bowles at [mbowles@kanawhacountyctc.org](mailto:mbowles@kanawhacountyctc.org) so that there will be enough lunch for everyone. Anyone wishing to work on substance abuse prevention in Kanawha County is encouraged to attend and become actively involved.

**PUTNAM COUNTY NEWS**

Putnam FRN met on Friday, May 9, Friday, June 13, and Friday, July 11, 2008 at Teays Physical Therapy Center in Hurricane. **The August meeting is canceled, but the next three Putnam FRN meetings will be held on Friday, September 12, Friday, October 10 and Friday, November 14 at 10 a.m. at Teays Physical Therapy Center in Hurricane.**

Craig Wagoner of the ARC of the River Cities spoke at the May meeting. If you would like to speak about your organization or program for 15–20 minutes at a future meeting, please contact Michele using the information on the fourth page of this newsletter.

Putnam Young Child Task Team/ACDS Council coordinated Celebrating the Family at Teays Valley Church of the Nazarene on Saturday, June 7 with 33 families in attendance. A new Partners in Prevention work plan has been submitted to Prevent Child Abuse West Virginia as a request for continued funding.

Youth Wellness Task Team is coordinating the third annual "Run for the Health of It" with a "Walk for the Health of It" noncompetitive one mile walk at Valley Park in Hurricane on Saturday, August 16 at 8 a.m.

Putnam on Wellness received a \$2,313 grant from The Greater Kanawha Valley Foundation to promote the President's Physical Fitness Challenge in the spring of 2009. In addition, Putnam on Wellness and Putnam Youth Wellness will collaborate to hold four Truth or Dare Challenges focusing on tobacco prevention and oral health in the four county middle schools or the communities surrounding them. The Truth or Dare Challenges are funded by a \$5,000 Tobacco Prevention Grant and a \$12,000 Rush 2 Brush Oral Health Grant from Valley Health.

## MARK YOUR CALENDARS

**Search Institute's Center for Spiritual Development is conducting a world-wide survey** on the spiritual development of youth between the ages of 12 and 25. We're looking for youth in the United States who can participate in this survey, (along with youth from seven other countries). All youth who complete the survey will be entered in a drawing for the chance to win either a \$25.00 or \$50.00 Target gift card.

This new survey explores how young people think about and experience life. It asks questions pertaining to how they find meaning, purpose, and fulfillment in their life, how they think about their place in their family, community, and the world. We hope to include a wide range of young people in this survey, including those who do not consider themselves to be spiritual or religious.

If you are a parent of one or more young people in this age group, we would be delighted to have them participate in this study. Feel free to invite other parents you know to include their children. And if you are a young adult, ages 18 to 25, we would be pleased to have you participate as well.

To learn more about the survey and to volunteer your child/children (or yourself), please click on the link below: [http://www.surveymonkey.com/s.aspx?sm=IGdyMwHBcwZjwfkEEUABfQ\\_3d\\_3d](http://www.surveymonkey.com/s.aspx?sm=IGdyMwHBcwZjwfkEEUABfQ_3d_3d) If you have any questions about the survey, please contact Angela Hackel at [angelah@search-institute.org](mailto:angelah@search-institute.org).

**August 14, 2008**—KISRA Empowerment Center Dedication Ceremony at 2:00 at 131 Perkins Avenue, Dunbar. It will house most of KISRA's Kanawha County initiatives including the Harambee Child Development Center, Harambee Learning Center, Harambee Teen Achievers, KISRA Homeownership, KISRAWorks! and the KISRA Business Enterprise Center. It will be a one-stop shop for comprehensive education, employment and economic empowerment services. Call 304.768.8929 or email [angie@kisra.org](mailto:angie@kisra.org) to RSVP for the dedication ceremony.

**August 17, 2008**—WV National Guard Family Programs is looking for volunteers who would be interested in providing a hand with childcare/activities for our Beyond the Yellow Ribbon Event at the Eleanor Armory in Putnam County to support the reintegration of the 111<sup>th</sup> Soldiers who have just returned home and their families. This kick-off event will be held on Sunday, August 17<sup>th</sup>, from 8-4 and will re-occur in again in a 60, 90, and 180 day pattern. Volunteers are needed to provide and/or assist with:

- Reading Time
- Art & Crafts
- Group Leaders
- Team building activities
- Child Care
- Healthy Lifestyle Activities
- Positive Communication Activities

If you or your group would be interested in any of these or have suggestions of other activities, please contact Susan at 561-6821, Toll Free 1-866-986-4326 or [susan.izzo@wv.ngb.army.mil](mailto:susan.izzo@wv.ngb.army.mil)

**August 18 & 20, 2008**—Free mammography screening offered by Charleston Area Medical Center through a special grant from the Salvation Army's Marguerite Capehart trust fund, 8 a.m. - 4 p.m. at the Women's Comprehensive Breast Center at Women and Children's Hospital (behind the hospital, in the medical building). To receive a free mammogram, **you must meet the guidelines established by the American Cancer Society**. The guidelines can be viewed at [www.regionalfrn.org/CurrentEvents.html](http://www.regionalfrn.org/CurrentEvents.html) Limited space is available (18 screenings per day). To register (required), call 345-9051.

**September 4, 2008**—The semi-annual Region II Prevention and Health, Planning and Networking Meeting at Tabernacle of Praise in Culloden, WV, 9:30 a.m. —3:30 p.m. This semi-annual meeting for a twelve county service area (Putman, Wayne, Cabell, Kanawha, Clay, Boone, Mason, Jackson, Roane, Mingo, Lincoln, and Logan Counties) is open to anyone with prevention and health interests and community collaboration. The purpose of this meeting is to allow people with similar jobs in different counties, and well as those assigned to multiple counties - join together to network, gain knowledge and form partnerships. Lunch and a light breakfast will be provided, along with door prizes. Please remember to bring information for the resource table and any door prizes you might have. Please let your CDS know if you are planning on attending so we can get a head count for lunch. (Lincoln, Logan & Mingo Counties: Kristi Adkins [adkins417@marshall.edu](mailto:adkins417@marshall.edu), Boone, Clay & Kanawha Counties: Lara Berry Idunlap [Lara Berry Idunlap@marshall.edu](mailto:Lara Berry Idunlap@marshall.edu), Cabell, Putnam & Wayne Counties: Bill O'Dell [odell24@marshall.edu](mailto:odell24@marshall.edu) and Jackson, Mason & Roane Counties: Alisha Smith [smitham@marshall.edu](mailto:smitham@marshall.edu)).

**For more information on events and opportunities, please log on to <http://regionalfrn.org/CurrentEvents.html>**

*Due to effective community empowerment, RFRN cannot guarantee the scheduling of these events. Please feel free to verify events and meetings.  
(for more meetings and community events please log onto your "County Calendar")*

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## Regional Family Resource Network

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Please visit our website for our current newsletter, media coverage, resource guides, Current Events, volunteer and learning opportunities coordinated by Regional Family Resource Network collaborative partners and other organizations.

The mission of the Regional Family Resource Network (RFRN), encompassing Boone, Kanawha and Putnam Counties is to facilitate a system of prevention, education, and early intervention activities aimed at enabling families, children, and their communities to reach their fullest potential through community-based planning activities.

We envision a family-centered, community-based environment that promotes comprehensive quality healthcare and educational/vocational/economic opportunities in a setting that encourages, values, and nurtures all of its members.