

# Quik-Guide<sup>®</sup> to Community Services

Still don't know where to go for help? Call:  
United Way of Central WV Information &  
Referral 414-4405 or 1-800-540-8659 or 211

## For Kanawha County

Provided for you by: United Way Information & Referral & RFRN  
ALL NUMBERS ARE 304 AREA CODE UNLESS ANOTHER AREA CODE IS LISTED

For corrections or additions, please call  
Regional FRN at 414-4470.

### UPPER KANAWHA VALLEY

#### BUSINESS DEVELOPMENT

Upper Kanawha Valley Economic Development Corporation..... 981-6400  
Upper Kanawha Valley Enterprise Community..... 595-5991

#### COMMUNITY SERVICES

Mustard Seed (Thrift Store) ..... 595-6002  
Rand Community Center..... 925-8951  
Upper Kanawha Valley Starting Points  
Family Resource Center..... 595-5521  
United Community Services ..... 442-5177

#### DAY CARE

ABC Day Care ..... 949-3014  
Aunt Sally's Child Care Center..... 925-7212  
Cedar Grove ..... 949-1642  
Cherish Moments ..... 926-8690  
Chesapeake..... 949-2352  
Children's Palace..... 949-4220  
Connect Child Care R&R..... 888-595-8290  
Country Kids Day Care..... 926-6003  
Just Wee Kids ..... 949-4840  
Kid Connection Child Care Center..... 949-2210  
Kids Zone Developmental Center... 925-4939  
Little Munchkins Day Care..... 949-1965  
Malden New Start..... 348-1942  
Midland Trail..... 949-1823  
Pratt New Start..... 595-3695  
Riverside..... 949-6625

#### DENTAL SERVICES

Carver Career Center..... 348-1965  
WVU Tech Dental Hygiene..... 442-3345  
Upper Kanawha Medical Ctr..... 595-3282

#### EDUCATION

Belle Elementary..... 949-2612  
Carver Career Center..... 348-1965  
Chesapeake Elementary ..... 949-1121  
Malden Elementary..... 348-1973  
Marmet Elementary..... 949-2382  
Mary Ingles Elementary..... 348-1975  
Midland Trail Elementary ..... 949-1823  
Pratt Elementary..... 595-3695  
Sharon Dawes Elementary..... 595-3323  
Cedar Grove Comm. School ..... 949-1642  
Dupont Middle..... 348-1978  
East Bank Middle..... 595-2311  
Riverside High School..... 348-1996

#### FINANCIAL ASSISTANCE

Upper Kanawha Valley Improvement  
Council/Capital Resource Agency. 949-6077

#### FOOD/NUTRITION

Chesapeake Senior Nutrition Prog. .949-5797  
Operation Love..... 949-1820  
Upper Kanawha Valley Improvement  
Council ..... 949-6077  
WIC..... 595-3283

#### INFANT/YOUNG CHILD SERVICES

Helping Hands Baby Pantry..... 595-5521  
Parents As Teachers..... 595-5521

#### LAW ENFORCEMENT

Chelyan Sheriff Detachment..... 595-6470

#### LIBRARIES

Glasgow Public Library ..... 495-3131  
Marmet Public Library..... 949-6628  
Riverside Public Library ..... 949-2400

#### MEDICAL SERVICES

Cabin Creek Health Center ..... 595-5006  
Upper Kanawha Medical Ctr..... 595-1770

#### COUNTY AGENCIES/SERVICES

Assessor ..... 357-0250  
Circuit Clerk ..... 357-0440  
County Clerk..... 357-0130  
County Commission ..... 357-0101  
County Courthouse..... 357-0100  
Tax Division ..... 357-0210  
County Magistrate ..... 357-0400  
County Probation - Adult ..... 357-0500  
Juvenile ..... 357-0520  
County Prosecuting Attorney ..... 357-0300  
Kanawha-Chas. Humane Assn. .... 342-1576  
Kanawha County Library..... 343-4646  
Sheriff ..... 357-0200  
Sheriff's Methamphetamine Tip Line  
..... 357-4693  
Social Security ..... 347-5217  
Solid Waste Authority ..... 342-4477  
Victim Services Center..... 357-9001  
WV Rehabilitation..... 766-2634

#### EMERGENCY NUMBERS (911)

Non-emergency ..... 357-0191  
Fire, Police, Ambulance..... 911  
State Police (Kanawha)..... 558-7777  
Poison Center..... 800-222-1222

#### ADOPTION/FOSTER CARE

Bralley and Thompson..... 768-4721  
Children's Home Society..... 345-3894  
Kanawha Valley Center ..... 347-9818  
National Youth Advocate Program. 345-6897  
WV DHHR ..... 746-2360

#### CONSUMER PROTECTION

Attorney General ..... 800-368-8808  
Insurance Commission ..... 888-879-9842  
TTY ..... 800-435-7381  
Product Complaints..... 800-638-2772  
Public Service Commission . 800-344-5113

#### COUNSELING/MENTAL HEALTH & ADDICTION SERVICES

Alcoholics Anonymous ..... 800-333-5051  
ASPEN (Adolescent Suicide Prevention and  
Early Intervention) ..... 414-3070  
\*Children First ..... 553-1055  
Family Counseling Connection ..... 340-3676  
Highland Hospital..... 926-1669  
Highland Partial Program..... 926-6010  
Kanawha Pastoral Counseling..... 346-9689  
Kanawha Valley Center ..... 347-9818  
Narcotics Anonymous..... 344-4442

Pretera Center..... 341-0511  
Problem Gambler's Help Ntwk800-426-2537  
Process Strategies ..... 348-1436  
Sex Addicts Anonymous (Jack).. 344-0469  
WV Council for the Prevention of Suicide  
..... 296-1731 ext. 4269  
WV Mental Health Consumers' Association  
toll free..... 1-800-598-8847  
WV Prescription Drug Abuse .. 1-866-987-8488  
WV Tobacco Quit Line ..... 1-877-966-8784  
WV System of Care ..... 437-5911  
WVU Behavioral Medicine..... 388-1000

#### CRISIS INTERVENTION

Adult/Child Abuse Hotline..... 800-352-6513  
Rape/Sexual Assault Services..... 340-3676  
Suicide Prevention Lifeline..... 800-273-8255

#### DENTAL SERVICES

CAMC Dental Center..... 388-9335  
FamilyCare Hills Plaza ..... 720-4466  
Kanawha Dental Health Council  
Children..... 348-6613  
Seniors..... 348-0707  
WV Health Right ..... 343-7003

#### DISABILITY SERVICES

Aging, Disability and Resource Center  
Toll Free..... 866-981-2372  
ACIL ..... 965-0376  
ARC of The Three Rivers..... 344-3403  
Birth to Three..... 866-321-4728  
Childhood Language Disorders Ctr. . 342-7582  
Community Access, Inc..... 766-2413  
Community Services, Inc. .... 201-7799  
Children's Therapy Clinic ..... 342-9515  
Down Syndrome Network of WV.... 776-0984  
Fair Shake Network toll free .. 800-497-4746  
Goodwill Industries ..... 346-0811  
Legal Aid of WV FAST Parent Liaison  
..... 341-0511 ext. 1614  
Lions Club: Eyeglasses ..... 766-4891  
Quota Club: Hearing Aids. .... 414-4405  
Pretera Family Support..... 414-4697  
Traumatic Brain Injury ..... 877-724-8244  
WV Advocates ..... 800-950-5250  
WV Learning Disabilities Assoc. 866-985-3211  
WV Rehabilitation ..... 766-2634  
WV Society for Blind ..... 766-2503

#### DISASTER SERVICES

American Red Cross ..... 340-3650  
Emergency Service Office..... 558-5380  
Salvation Army ..... 343-4548

#### DOMESTIC VIOLENCE SERVICES

Rape/Sexual Assault Services..... 340-3676  
WV Coalition Against DV ..... 965-3552  
YWCA Resolve Family Abuse ..... 340-3549  
YWCA Resolve Court Advocacy ..... 610-1575

## **EDUCATION/TRAINING**

Apprenticeship for Child Dev. Specialist  
toll free .....866-982-2237  
Charleston Job Corps Outreach & Admissions  
..... 414-4435  
Goodwill Industries ..... 346-0811  
Head Start ..... 348-1942  
Job Squad ..... 612-4341  
Junior Achievement..... 346-9753  
Kanawha County Schools ..... 348-7770  
KCS Adult Basic Education/GED..... 755-5536  
KCS Parent Comm. Resource Cntr... 348-7715  
KISRA ..... 768-8929  
Kanawha Valley Comm. & Tech. College  
Workforce & Economic Dev..... 414-4443  
Literacy Volunteers-Kanawha ..... 343-7323  
Mountaineer ChalleNGe Acad... 800-529-7700  
Robert C. Byrd Inst. toll free.. 800-469-7224  
WV Safe Schools Helpline..... 866-723-3982

## **EMPLOYMENT**

Career Consulting Services ..... 344-2273  
Goodwill Industries ..... 346-0811  
KISRA ..... 768-8929  
Senior Employment Program ..... 755-2385  
Workforce WV Career Center..... 558-0342

## **FINANCIAL ASSISTANCE**

Consumer Credit Counseling ..... 720-3640  
Mountain Mission..... 344-3407  
Salvation Army ..... 343-4548  
Social Security..... 800-772-1213  
Union Mission ..... 925-0366  
Unemployment Compensation ..... 558-0291

## **FOOD/NUTRITION**

Central Child Care ..... 382-0797  
Christ's Kitchen..... 722-4284  
Food Stamps ..... 746-2360  
Manna Meal ..... 345-7121  
Meals on Wheels ..... 342-4252  
Senior Nutrition Program ..... 755-2385  
WIC Program..... 746-7880

## **HEALTH CARE/CLINICS/HOSPITAL**

CAMC ..... 388-5432  
FamilyCare Hills Plaza ..... 720-4466  
\*FamilyCare West Side Elementary 414-4415  
Kan-Chas Health Dept..... 348-0700  
St. Francis Hospital..... 347-6500  
Thomas Memorial Hospital ..... 766-3600  
Women's Health Center..... 344-9834  
WV Health Right ..... 343-7000

## **HEALTH ORGANIZATIONS**

AIDS Hotline..... 800-642-8244  
Alzheimer's Association ..... 343-2717  
American Cancer Society..... 746-9950  
Toll Free Local ..... 800-288-3618  
Toll Free National..... 800-227-2345  
American Heart Association ..... 720-9001  
Arthritis Foundation toll free 1-800-358-0380  
Blind Physically Handicapped Svcs. 558-4061  
Carelink..... 888-348-2922  
CAMC Health Info Center ..... 388-9645  
D.E.A.F. .... 766-9470  
Diabetes Association..... 888-342-2383  
Easter Seal Society toll free ..... 800-677-1390  
Kanawha Coalition for Community Health  
Improvement ..... 388-7557  
Lions Club Sight Program..... 766-4891  
Lung Association..... 342-6600  
Make a Wish Foundation ..... 342-9474  
March of Dimes ..... 720-2229  
Multiple Sclerosis Society..... 343-5153

Muscular Dystrophy Association ..... 344-9807  
Spinal Cord Injury..... 766-4751  
UniCare Health Plan..... 888-611-9958  
\*WV Family to Family Health Information  
Center Toll Free..... 800-281-1436  
\*WV FREE..... 342-9188

## **HOME HEALTH CARE**

Comforts of Home ..... 720-7313  
Coord. Council for Ind. Living ..... 766-2245  
Kanawha Valley Senior Services..... 348-0707  
WV Home Health Services..... 348-1400

## **HOSPICE**

HospiceCare 768-8523 or toll free 800-560-8523

## **HOUSING**

Habitat for Humanity..... 720-0141  
Charleston-Kanawha Housing..... 348-6451  
or 888-881-6451 TTY/TDD ..... 348-6840  
HUD ..... 347-7000  
KISRA ..... 768-8929  
Religious Coaltn. for Comm. Renewal 346-6398

## **INFANT/YOUNG CHILD SERVICES**

Birthright..... 727-2020 or 727-2019  
Childbirth Education Association..... 776-2552  
Gabriel Project ..... 414-4666  
Right From the Start ..... 800-642-8522  
WIC ..... 746-7880

## **LEGAL SERVICES**

Legal Aid .343-4481 or toll free 866-255-4370  
WV Lawyer Referral..... 800-642-3617  
Senior Legal Aid ..... 800-229-5068

## **PARENTING SUPPORT**

Braley & Thompson. 720-1300 / 800-969-1704  
\*Children First ..... 553-1055  
Kanawha Valley Center ..... 347-9818  
Marita Reynolds, Lic. Psychologist..... 727-1302  
Prestera Respite ..... 341-0511  
Resolve Family Abuse Program ..... 340-3549  
WV State University Ext..... 866-987-8283

## **PREVENTION**

Adolescent Health Initiative ..... 340-3622  
Kanawha Communities That Care Substance  
Abuse Prevention..... 437-3356  
Family Planning Program ..... 800-642-8522  
Kanawha Co. Sheriff's Dept. Combating  
Underage Drinking..... 357-0155  
Substance Abuse Prevention Clearinghouse  
..... 558-0950 x 2060  
Tobacco Prev. Clearinghouse 558-0950 x 2053  
WCWV Tobacco Prevention ..... 722-8070  
\*WV FREE..... 342-9188

## **SENIOR SERVICES**

Adult Day Care..... 348-0727  
Aging, Disability and Resource Center  
Toll Free ..... 866-981-2372  
Central Charleston Senior Center..... 348-0726  
Consumer Protection for Seniors..... 558-8986,  
Ext. 234 or toll free 800-368-8808 Ext. 234  
Council for Independent Living ..... 766-2245  
Kanawha Valley Senior Services..... 348-0707  
Metro Area Agency on Aging..... 766-4106  
Senior Nutrition Program ..... 755-2385  
Retired Senior Volunteer Program..... 340-3636  
Rowena Sizemore ..... 489-2392  
Senior Employment Program..... 755-2385  
WV Bureau for Senior Services ..... 558-3317

## **SHELTERS**

Davis Child Shelter..... 345-3891  
Jericho House ..... 727-0179  
Twin Cities Safe Haven..... 727-6179  
Patchwork ..... 340-3670  
Roark-Sullivan Lifeway Center..... 340-3616  
Samaritan Inn ..... 343-9632  
Sojourners ..... 340-3562  
Union Mission Crossroads..... 343-4352

## **TRANSPORTATION**

KAT (Special Needs)..... 343-0489  
Kanawha Valley Senior Services..... 348-0726  
Kanawha Valley Reg. Transport. (KRT) 343-7586  
Medi-Cab..... 342-5798  
Good News Mountaineer Garage.. 866-448-3227  
Prestera Non-emergency Med. Transportation  
..... 741-2460  
Samuels Transport..... 720-7261/553-9307

## **THRIFT STORES**

Goodwill ..... 346-0811  
Habitat for Humanity ReStore..... 720-8733  
Heart & Hand House..... 744-6741  
Mountain Mission..... 344-3407  
Salvation Army ..... 343-4548  
Union Mission..... 926-0366  
YWCA Gently Used Clothing ..... 340-3646  
YWCA Gently Used Furniture..... 344-1348

## **VETERANS**

Vet Center ..... 343-3825  
Veterans Affairs ..... 558-3540

## **YOUTH SERVICES**

Amachi Mentoring..... 532-0120  
Big Brothers/Big Sisters ..... 746-7900  
\*Children First..... 553-1055  
Connect Child Care R&R..... 888-595-8290  
Daymark ..... 340-3675  
HOPE Community Dev. Corp..... 343-4673  
\*Kanawha Co. Schools Shoe Fund.. 348-1343  
WV Nat'l Guard Child & Youth..... 561-6821

## **YOUTH ORGANIZATIONS**

4-H..... 768-1202  
Boy Scouts..... 340-3663  
Boys and Girls Club ..... 342-8831  
Girl Scouts of Black Diamond Coun. .. 345-7772

## **STATEWIDE SERVICES/AGENCIES**

WV DHHR ..... 746-2360  
Child/Adult Abuse Hotline ..... 800-352-6513  
Child Support Office..... 800-249-3778  
Automated Health Systems ..... 800-449-8466  
Breast & Cervical Cancer Screening.. 558-5388  
Children's Health Insurance ..... 877-982-2447  
Children's Specialty Care ..... 558-5388  
Client Services (DHHR) ..... 800-642-8589  
Vital Statistics..... 558-2931  
Worker's Compensation ..... 866-452-7425  
WV Advocates ..... 346-0847  
WV Army National Guard Family Assistance  
Center Toll Free..... 1-866-986-4326  
Volunteer West Virginia ..... 558-0111  
WV Hate Crime Task Force ..... 888-676-5546  
WV Public Service Commission .. 800-642-8544

### **Updated: December 2011**

*This Quik-Guide lists the most often called services/agencies for Kanawha County. It is not all inclusive nor does it list all the services each agency offers. For an updated copy, go to:*  
<http://www.regionalfn.org/ukvquikguide.pdf>